



Big Weekend Out

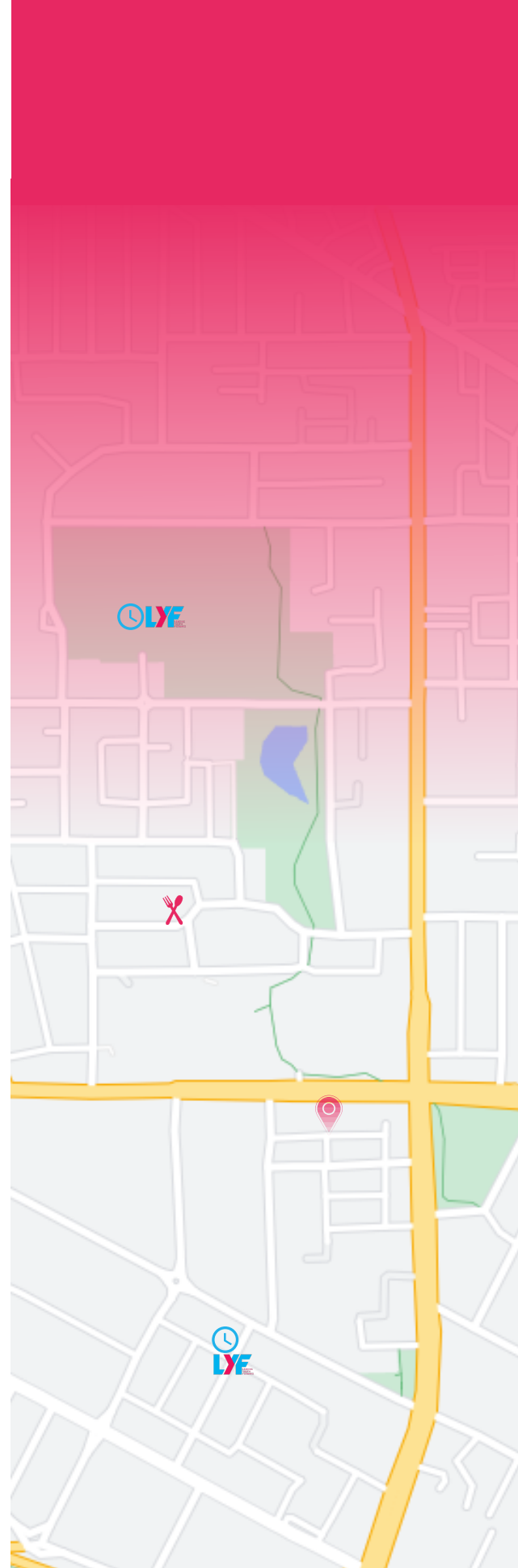
Saturday 14th and Sunday 15th May 2022



Despite COVID-19 public health measures forcing us to cancel our camp this year, we still wanted to try to have a camp-like experience for everyone in the program. So we hosted our first ever BIG WEEKEND OUT (BWEND) by having two, back-to-back Big Days Out to emulate the camp experience.

We continued the theme of EARTH CITY SKY from our Virtual Big Day Out which was based on the 2022 LYF t-shirt, designed by one of our very own teens, 'N'. The activities of the day were curated to feature elements of this theme to inspire and encourage our Teens to connect with the elements around them.

COVID-19 infections continued to disrupt our Teens and Volunteers' ability to attend LYF events, therefore numbers across the weekend were lower than usual. That didn't stop us from trying to provide a fun weekend and interesting activities for our wonderful Teens.



This event was made possible thanks to a grant from:



SATURDAY 14TH MAY

The Amazing Race format is always a big hit with the Teens and has become a staple of our Youth Events over the past few years. The idea came to us in 2020, when, because of COVID-19 restrictions, we had to innovate and deliver our program in a COVID-safe manner.

This year, we took a different approach, with Teen and Mentor pairings driving around the City of Vincent to complete activities, challenges and puzzles. There were 4 LYF stations, 4 Pit Stops, and 4 Landmark puzzles. Each puzzle had to be solved and each station completed to get the next clue. Small teams started the day at one of 4 stations which meant everyone did the same activities just at different times during the day. Our puzzles took Teens to landmarks and venues they might not have seen but are free to visit on any sunny Perth day!

Our Directors, Emma and James, who are long time LYF supporters, opened the day with a short video explaining the concept and congratulating N on her brilliant shirt design.



STATION 1 – JOURNALS

Teens and Mentors got to create and sign their behaviour contracts for the year, and also got a cute polaroid to remember the occasion by.



PIT STOP 1 – MILLER & BAKER

Zoe handed out delicious cinnamon scrolls from Miller & Baker, and gave speech-writing tips to the Year 10s wanting to be on Youth Committee.

LYF AMAZING RACE



LANDMARK 1 – STREET ART TOUR

Teens and Mentors drove around the City of Vincent looking at some of the amazing street art that brightens the neighbourhood



STATION 2 - PAINTING SKATEBOARDS

The incredible artist, Jordan Rush, assisted Teens in creating their own design on a skateboard they could take home. This activity was an absolute hit!



PIT STOP 2 - STOMP COFFEE

Teens and Mentors enjoyed a quick coffee and cake break at long-time LYF supporters Stomp Coffee.



SATURDAY 14TH MAY

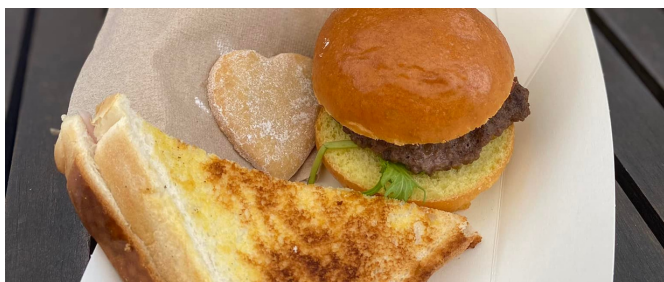
LANDMARK 2 - ESCAPE ROOM

An escape room puzzle but in Hyde Park! Teens and Mentors used an online form to solve the clue to find the LYF sticker hidden somewhere in the park.



STATION 3 – SKATEBOARDING

The cool dudes from Beyond Skate taught everyone how to skateboard, and showed off a few tricks in the process.



PIT STOP 3 – LUNCH

Tentazoni's Italian Bakery provided a feast for Teen and Mentor pairs to keep them energised throughout the day.



LANDMARK 3 – LEEDERVILLE OVAL

Groups got to tour Leederville Oval and experience what it feels like to be a footy star playing 'King of the Pack' on the oval itself!

LYF AMAZING RACE



STATION 4 – COMBAT ARTS INSTITUTE

Jim taught the Teens and Mentors the basics of combat, and they got to spar against each other in some good ol' fashioned fun.



PIT STOP 4 – WHEEL OF SNACKS

LYF Alumni hosted a 'Wheel of Snacks' game where people had to eat an international snack that corresponded to the number they spun on the wheel. Snacks included fortune cookies, durian fruit jelly, mochi, sweet potato lollies and more!



LANDMARK 4 – DISMANTLE

Thanks to our long-time supporters at Dismantle, Teens and Mentors completed a puzzle learning how to change a tire on a bike (a good life skill to have).

At the end of the day, all the clues the groups received spelled out the answer to the final puzzle... EARTH CITY SKY!

SUNDAY 15TH MAY

The Sunday followed a more 'traditional' Big Day Out format, with everyone congregating in Kings Park for morning rotations, then we headed into the CBD for an afternoon of fun.

Nyungar Elder, Kerry-Ann, kicked off the day with a powerful Welcome to Country, and then we moved onto our LYF rotations. These are designed to focus on the LYF skills we have identified that reflect things of importance to our Teens, and will give them skills to succeed in the future.

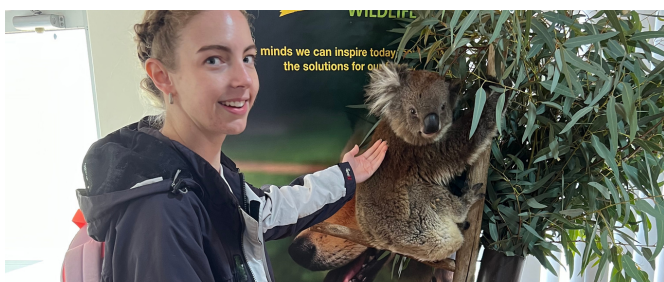
MAKE POSITIVE DECISIONS

Kerry-Ann from Nyungar Tours took us on a bushwalk through Kings Park and taught us about bush tucker, traditional medicines, and Nyungar.



THINK ABOUT YOUR FUTURE

The wonderful people at West Oz Wildlife brought along a Koala, Snakes, Bobtail Lizards, for the Teens to interact with. They also gave a presentation about working with wildlife and why conservation is so important.



IDENTIFY YOUR VALUES

Hannah led a workshop about creating a secret handshake for Teens to use within their factions that reflected what the teens stood for. These were lots of fun to see in action.

EARTH CITY SKY



KNOW YOUR STRENGTHS

Perth Parkour took us through the basics of Parkour and taught Teens and Mentors alike how to do some cool tricks!



YOUTH COMMITTEE ELECTIONS

After this, we came back together to have Youth Committee elections. Youth Committee is a leadership program that commenced in 2014 to give some of our Teens an opportunity to take their LYF experience to the next level. Members take on leadership roles and responsibilities, which include the planning and organising of Big Day Out 4.



Each nominee stood up in front of the whole cohort and presented why they wanted to be on Youth Committee. It was inspiring to hear their personal experience with LYF, and how they want to give back. Eight Teens in total were elected to Youth Committee, we can't wait to see them embark on this exciting shared leadership journey.

SUNDAY 15TH MAY

After a quick bite to eat from Subway and Tentazoni's Italian Bakery, we moved into the city for an afternoon of fun.



The group split into two, with half going to Zero Latency in Northbridge to play virtual reality (VR) and arcade games. It was nice to see the Mentor's inner child being brought to life! VR gaming was also a huge hit with the Teens.



The other group went to WA Museum Boorla Bardip for discovery and learning. A big favourite of everyone that attended was the Blue Whale Otto's skeleton that is still hanging in the original section of the Museum. Teens swapped halfway through the afternoon, and then went home.



It was so nice to be able to hold a face to face event once again, and we are proud to say that the Teens loved every minute of it!

BWEND OUTCOMES

Attendance

- Saturday: 44 Teens (95 total attendees)
- Sunday: 45 Teens (93 total attendees)

What the Teens said about the event

- Most fun
 - Martial Arts
 - Skateboard Painting
 - VR Gaming
 - Wildlife Experience
- Biggest surprise
 - Skateboarding
 - Virtual Reality and Gaming
- Most challenging
 - Virtual Reality and Gaming
 - Skateboarding
- Got the most out of
 - Skateboard Painting
 - Bike Puzzles at Dismantle
 - Virtual Reality and Gaming
 - Wildlife Experience
 - WA Museum



Teen goals for the year

- Get on Youth Committee
- Trying new things
- Get better at art
- Have as much fun as I can
- Stop littering

"BEST WEEKEND WITH LYF"

A HUGE THANK YOU TO OUR PARTNERS

Your continued support enhances the lives of at-risk Teens.

